

# MILESTONE®

FOOD FOR YOUR GENES

## Pomegranate Polyphenols Natural B12 and Gentle Iron



**Food with a Function** - Ideal for iron deficiency anaemia, mood and energy regulation

**Why MILESTONE®** - Vitamins, minerals and antioxidants in their natural form

**Highly Concentrated** - Contains an extremely high amount of natural punicalagins

**Pure & Effective** - A 100% clean, pesticide-free functional food

**Ingredients** - Made of at least 25 healthy, high quality organic pomegranates

**Attention to Detail** - Dark glass to prevent photo-oxidation and microplastic migration

**Unique Points** - B12, non-constipating iron, urolithin A booster, no additives or sugar

GREAT  
TASTE



ANEMIA  
LOW IRON



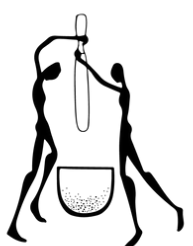
MOOD  
BOOST



IMMUNE  
SHIELD



HEALTHY  
BLOOD



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## Health Benefits



### Iron Deficiency Anemia

Boost your iron levels naturally and effectively.



### Energy & Mood

Support your mood & energy levels throughout the day.



### Nutrient Absorption

Ensure maximum nutrient absorption on each serving.



### Immune Support

Fortify your immune the right way via this unique fusion.



### Brain & Heart

Maintain brain clarity and a healthy heart.

## HOW TO USE



### MORNING

10ml on an juice or smoothie



### LUNCH

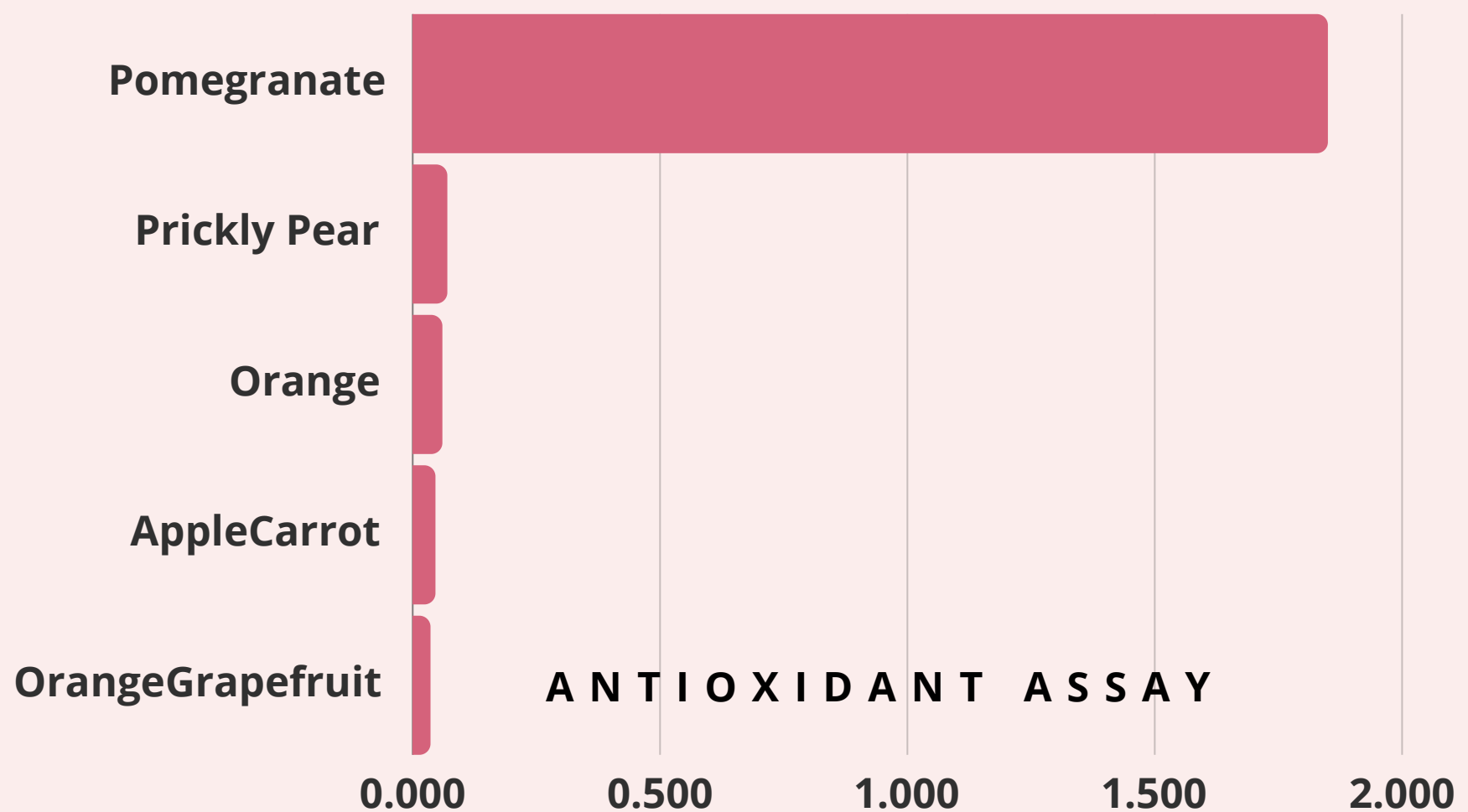
blend it with real food



### DINNER

drizzle on your yogurt

## 30 TIMES MORE NATURAL POLYPHENOLS



Certified by Prof. Kouretas Dimitrios  
Department of Biochemistry & Biotechnology, University of Thessaly

# For Iron Deficiency Anemia

## POMEGRANATE POLYPHENOLS FACILITATE IRON ABSORPTION



### References & Clinical Trials

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